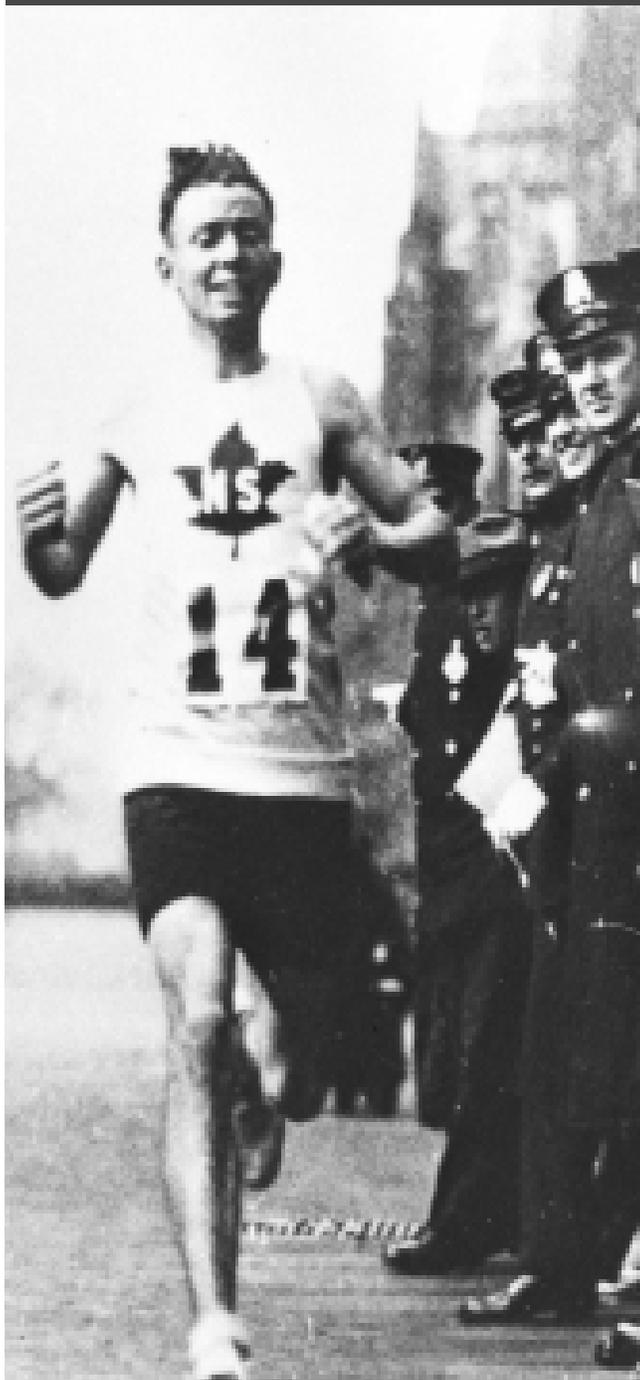


Cross-Curricular Package  
Grade Level: Three

HEROES:  
WHAT MAKES A HERO  
TEACHER'S GUIDE

## LEARNING ACTIVITIES FOR THE CLASSROOM



Our exercises and content of our Introduction to Sport Heroes package links to the following Grade Three Cross-Curricular learning outcomes:\*\*

- English Language Arts 3
- Information & Communication Technology Integration 3

\*\*The curriculum learning outcomes can be found on the following page.



[www.nsshf.com](http://www.nsshf.com)

# Grade Three CROSS-CURRICULAR LEARNING OUTCOMES:

## Grade Three

<b>English:</b>	
2.4	engage in and respond to a variety of oral presentations and other texts
4.3	use pictorial, typographical, and organizational features of written text to determine content, locate topics, and obtain information
5.1	answer, with assistance, their own questions and those of others by seeking information from a variety of texts
7.2	identify some different types of print and media texts
9.1	create written and media texts using a variety of forms
9.2	demonstrate some awareness of purpose and audience
10.1	experiment with a range of prewriting, drafting, revising, editing, proofreading, and presentation strategies
10.2	use some conventions of written language
10.3	demonstrate engagement with the creation of pieces of writing and other representation
10.5	select, organize, and combine relevant information, with assistance, from at least two sources, without copying verbatim, to construct and communicate meaning
<b>ICTI:</b>	
BOC 3.1	safely use school media, computer equipment, and software to support their learning, with direct teacher assistance when required
RPSD 3.1	locate relevant information by using the appropriate organizational features of and search strategies applicable to books, other print, audio CDs, videos, computer software, multimedia, and the Internet, with teacher assistance
RPSD 3.4	complete short, clearly defined research tasks, assessing information selected from several sources beyond paper and print-based media, with teacher assistance

# Grade: Three

## PRE-VISIT LEARNING ACTIVITIES

### HALL OF FAMER SPORT HERO BIOGRAPHY

#### GRADE THREE INSTRUCTIONS

Before your visit to the Nova Scotia Sport Hall of Fame (NSSHF), it is recommended that you spend some time preparing your students for what they will see and learn during their visit. We have prepared some pre-visit and post-visit activities to help you maximize your students' learning.

**Estimated Time Required: 60-90 minutes** (likely over 2 lessons)

#### MATERIALS NEEDED:

- Appendix – Sport Hero Biography - Example
- Sport Hero Biography - Template
- Mini Biographies
- Evaluation Rubric - Sport Hero Biography

#### INTRODUCTION:

Share and review a few of the mini biographies from the Appendix with the class. Discuss their achievements and what sport hero qualities they possess.

#### ACTIVITY:

Students will be creating their own hall of famer/sport hero biography. Show the class Appendix "Sport Hero Biography - Template" and, using one of the biographies previously discussed, fill it in as a class. Give each student a copy of Appendix "Sport Hero Biography - Template" and ask them to fill it in. They then can create their biography based on any NS hall of famer/sport hero. Students can use a mini biography from the Appendix and/or use books, magazines, the Internet, etc. to research their hero.

#### QUESTIONS:

- 1) What does it mean to be a sport hero?
- 2) What makes the individual you chose a sport hero?
- 3) Why do people write biographies? Why are they helpful?

# Grade Three PRE-VISIT LEARNING ACTIVITIES

## CONTINUED

### EXTENTIONS/ADAPTATIONS:

- 1) Students can present their biography to the class.
- 2) Compile all of the biographies into a "Book of NS Sport Heroes".

### ASSESSMENT:

See attached editable rubric for student assessment - See Appendix "Evaluation Rubric."



Phil Scott --  
Log Rolling,  
World Champion

# NAME OF SPORT HERO

BIRTH DATE/DEATH DATE

PLACE OF BIRTH

PICTURE OF THE HERO

FAMOUS QUOTE BY OR ABOUT THE HERO

ADJECTIVE

AHIEVEMENTS

HERO QUALITIES

Empty rectangular box at the top of the page.

Large rounded rectangular box on the left side of the page.

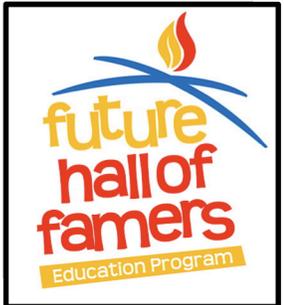
Horizontal rectangular box on the right side of the page.

Speech bubble shape on the right side of the page.

Starburst or jagged-edged shape on the left side of the page.

Cloud-like or scalloped-edged shape on the right side of the page.

Large rounded rectangular box at the bottom of the page.



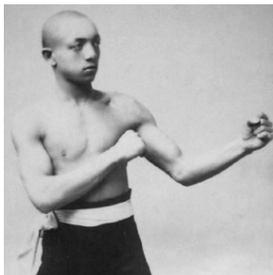


## Mini Biographies

These are a few short biographies of Nova Scotia Sport Hall of Fame Inductees, Hall of Famers, and Future Hall of Famers. They represent just a sample of the inspiring role models that are represented at the NSSHF. To explore a complete list of Inductees you can go to

<http://www.novascotiasporthalloffame.com/Inductees/Search/tabid/539/Default.aspx>

At the Nova Scotia Sport Hall of Fame we often refer to our Inductees, Hall of Famers, and Future Hall of Famers as sport heroes. The NSSHF considers these men and women heroes because of their role model qualities, fortitude, dedication, exemplary achievements, and their courage in overcoming extraordinary challenges.



**NAME:** George Dixon  
**SPORT:** Boxing  
**INDUCTEE TYPE:** Athlete  
**YEAR INDUCTED:** Original  
**HOME TOWN:** Halifax, Halifax County

George Dixon was born in Halifax in 1870. He started his professional boxing career when he was 16 years old and he won the bantamweight crown when he was 18. His nickname was “Little Chocolate” and he enjoyed support that was not normally given to black athletes in those times. George was the first man ever to win more than two World Boxing titles. He held the paperweight, bantamweight, and featherweight titles, and was the first black man to win a World Championship. He was also the first man to engage in 30 or more fights and the first to lose and regain a championship. Dixon fought in the Worlds longest fight. It was 70 rounds and it lasted four hours and 40 minutes, and it ended in a draw. He was also the winner of the World’s longest bantamweight fight, which lasted 40 rounds. George Dixon was a clever fighter and a hard hitter, he had tricky footwork and a lot of courage.



**NAME:** Nancy Ellen Garapick  
**SPORT:** Swimming  
**INDUCTEE TYPE:** Athlete  
**YEAR INDUCTED:** 1986  
**HOME TOWN:** Halifax, Halifax County

Nancy Ellen Garapick set a world record in the 200 metre backstroke at the Eastern Canadian Championships on April 29<sup>th</sup>, 1975, when she was only 13 years old. After that she won a silver and a bronze medal at the 1975 World Championship and two bronze medals at the 1976 Montreal Olympics. She was a member of the Canadian National Swim Team for eight years, and she attended the Commonwealth Games and the Pan American Games. She held the Canadian record in the butterfly, backstroke, and individual medley. Nancy Garapick was named Canada’s Female Athlete of the year in 1975.

Nancy was only 13 years old when she set her first world record. She is proof that it doesn’t matter how old you are, you are always capable of achieving great things.



**NAME:** Johnny Miles  
**SPORT:** Track & Field  
**INDUCTEE TYPE:** Athlete  
**YEAR INDUCTED:** Original  
**HOME TOWN:** Sydney Mines, Cape Breton Country

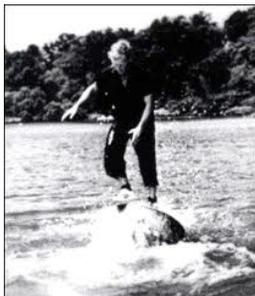
Johnny Miles was born on October 30<sup>th</sup>, 1905 in England but his family moved to North Sydney, Cape Breton not long after that. Johnny started his running career in 1922, when he was only 16 years old. By 1925 he was Nova Scotia's best distance runner and the Canadian champion in the 5-mile distance. In 1926 Johnny Miles competed at his first Boston Marathon. The people there thought that he was only a "curly-haired, befreckled, saucy-nosed, 22-year-old" who had never competed in a race more than ten miles long. Johnny shocked everyone by winning the Marathon. He won it again in 1929, which made him the only Nova Scotian to win the Boston Marathon twice. Johnny Miles was a member of the Canadian Olympic Track Team in 1928 and 1932, and he won a bronze medal as a member of the 1930 British Empire Games Track Team. He was awarded the Will Cloney International Award for Sports in 1929, he was inducted into Canada's Sports hall of Fame in 1969, he was awarded the Dalhousie Award in 1971, and in 1983 Johnny Miles was awarded the Order of Canada.

Johnny helped prove to the world that while Nova Scotia may be small, we still have big contributions to make.



**NAME:** Steve Giles  
**SPORT:** Canoeing  
**INDUCTEE TYPE:** Athlete  
**YEAR OF INDUCTION:** 2012  
**HOME TOWN:** Lake Echo, Halifax County

Steve Giles is a world champion athlete. He has a gold medal from the 1998 Senior World Championships. He spent 16 years with Canada's canoe/kayak team and in that time he competed in the Senior World Championships 7 times, and won a bronze medal in 1993 and again in 2002. In 1999 he won a gold medal at the Pan American Games. Steve Giles has represented Canada in the Olympic Games in 1992, 1996, 2000, and 2004. At the 2000 Olympic Games in Sydney, Australia Giles won a bronze medal in the single canoe 1000-metre event. Steve retired after the 2004 Olympics in Athens, Greece and became a full-time electrical engineer.



**NAME:** Phil Scott  
**SPORT:** Log Rolling  
**INDUCTEE TYPE:** Athlete  
**YEAR OF INDUCTION:** 1987  
**HOME TOWN:** Barrington, Shelbourne County

Phil Scott is a world log rolling champion from Barrington, Nova Scotia. He competed in the professional lumberjack circuit, and won the world log rolling championship 9 times. While other kids were playing baseball, Phil was playing on the logs in the holding pond behind his father's sawmill. At the age of 7 he won his first log-burling contest. At the age of 20 he competed at the world's largest lumberjack festival in Haywood, Wisconsin – and won, becoming the first man to ever win the world championship in his first attempt. He was a champ who never relaxed. Through the winter he practiced on a dry mount log in his basement. For a few years he held the Canadian, North American and World Championships. He traveled to Japan in 1976 to win the Japanese championship.



**NAME:** Mickey Fox  
**SPORT:** Basketball  
**INDUCTEE TYPE:** Athlete  
**YEAR INDUCTED:** 2009  
**HOME TOWN:** New York City, USA, Outside Nova Scotia

Mickey Fox was a standout basketball player with the Saint Mary's Huskies. While in university, Mickey won the CIS Men's National Championships with the Huskies in 1973 and again in 1978 and won the silver medal in 1974. He was a four-time All-Canadian, four-time AUS All-Star, and was chosen MVP at the national championships twice. He still holds the three-game CIS championship scoring record with 101 points. After university Mickey was drafted by two NBA teams. These days Mickey is a popular speaker all over the Maritimes. He also coaches basketball. Throughout his basketball career and afterwards, Mickey has shown leadership, dedication, and perseverance. He has had a positive impact on his community for over 25 years.



**NAME:** Ellie Black  
**SPORT:** Artistic Gymnastics  
**INDUCTEE TYPE:** Future Hall of Famer  
**YEAR INDUCTED:** N/A  
**HOME TOWN:** Halifax, Halifax County

Ellie Black was Nova Scotia's first female gymnast to compete in the Olympics. She overcame many injuries before competing in the 2012 Olympic Games in London, England. Ellie was determined and refused to give up her dream of being a part of the Canadian Olympic Team. Despite all of the obstacles she faced, Ellie never gave up and achieved her goal of competing at the Olympics. Today Ellie attends high school and continues to compete in Artistic Gymnastics. She is a role model for young women and young athletes across Nova Scotia.



**NAME:** Andrew Haley  
**SPORT:** Paralympic Swimming  
**INDUCTEE TYPE:** Future Hall of Famer  
**YEAR INDUCTED:** N/A  
**HOME TOWN:** Dartmouth, Halifax County

Andrew Haley is a truly inspiring Nova Scotian athlete. When Andrew was only six years old he was diagnosed with cancer and doctors had to amputate his left leg from above his knee and remove part of a lung to save his life. This did not stop him from achieving his goals. Andrew started training to swim competitively and when he was 15 years old he competed in the 1990 World Championships in Assen Holland. As a young adult Andrew continued to train with the Dartmouth Crusaders Swim Club while he studied commerce at Dalhousie University. Andrew Haley was the 1994-1995 Nova Scotia Male Athlete of the Year. Haley went on to compete in the 1996 Paralympic Games where he won 2 bronze medals, attended the University of Ottawa where he studied sports administration and swam for the university's swim team, became a world champion, set a world record, and won a gold and a bronze medal in the 2000 Paralympic Games in Sydney, Australia. Today Andrew works for the Toronto Blue Jays baseball club.

For more information go to [http://www.andrewhaley.ca/Andrew\\_Haley\\_Profile.pdf](http://www.andrewhaley.ca/Andrew_Haley_Profile.pdf)

## Grade 3 - *Hall of Famer Biography* Evaluation Rubric

Student's Name: \_\_\_\_\_

	3	2	1
Comprehension	Student demonstrates a deep understanding of what it means to be a sport hero.	Student is starting to grasp the concept of what it means to be a sport hero.	Student does not yet demonstrate an understanding of what it means to be a sport hero.
Completion	Student completed the activity as instructed to the best of their abilities.	Student completed the activity as instructed, but not to the best of their abilities.	Student has not completed the activity and has not put forth the effort to produce quality work.
Creativity	Student has expressed their ideas very creatively. Student has made great use of the space provided. It is evident that a lot of thought and effort went into the activity.	Student used some creativity to express their ideas. Student has made good use of the space provided. There is evidence that some thought and effort went into the activity.	Student used little to no creativity to express their ideas. Student has not made appropriate use of the space provided. Student put little to no thought or effort into the activity.
Research	Student demonstrates a keen interest in their sport hero and an eagerness to research further. Student has consulted a variety of resources.	Student demonstrates some interest in researching their sport hero further. Student has consulted at least one other resource.	Student demonstrates little to no interest in researching their sport hero further. Student did not make an effort to consult any other resources.