

# *Education Program Reaches 10,000 Students*

## SPORT HEROES INSPIRE YOUTH

GOAL SETTING – DEDICATION – HARD WORK – YOU CAN DO IT!



*Catherine Cox, Education Coordinator of the Nova Scotia Sport Hall of Fame speaks to students at Onslow Junior High School about Nova Scotia sport heroes as video highlights are shown in the background. The Education Program, designed to inspire children to succeed in life, has been presented to more than 10,000 Nova Scotia students, both in their schools and at the Hall of Fame, during the last several months.*

**H**ow do you measure the success of the Nova Scotia Sport Hall of Fame Education Program?

Is it the joy on the faces of youngsters as they see video and hear stories about men and women who have set standards in sport in this province?

Is it the enthusiasm shown by thousands of children for the heroes they see and hear about at displays during fairs and expos, and in the Hall of Fame itself?

Or is it the satisfaction gained by Hall officials, as they know how important it is to expose kids to all this information that can have an impact today, tomorrow and in the future?

It's all of the above.

It's April 22<sup>nd</sup> at South Colchester Academy where students in Grades 5 through 8 crowd into the gymnasium to see video footage of athletes from boxer Sam Langford to hockey player Al MacInnis and dozens of other inductees to the Hall.

Their ears perk up as Education Coordinator Catherine Cox, and Facility and Communication Manager Shane Mailman, stress that, despite being from a small province, these athletes, and builders, too, have made a mark on the provincial, national and international stages.

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## *Education Program continued from pg 1*

The students hear about the determination, dedication, persistence and sacrifice, and the challenges they have overcome, which are the principles of success in sport as well as life.

They also meet a local sport hero, Mike Henderson – a Hall of Fame member for his softball prowess with the Brookfield Elks. Many of the kids know Mike and the exploits of local athletes. Their pride is positively affected by seeing him in person and hearing his story of how he achieved success after being cut from the first team for which he tried out, but how he didn't quit and tried again and made it.



*Cory MacIntosh, North Sydney, a left winger with Cape Breton Screaming Eagles of the QMJHL, spoke inspiringly about setting goals in sport, to elementary school children at Ashby Elementary School in Sydney.*

“It was one of our best assemblies,” says Kelly Spencer, physical education teacher and softball coach at South Colchester Academy. “Mike’s talk enabled me to speak in our phys. ed. classes afterwards about making teams and not making teams, yet to keep trying.”

Catherine says, “Our theme is to inspire children to achieve a sense of possibility.”

By the end of May 2010, that message had been passed to more than 10,000 students at schools and fairs from one end of the province to the other.

The Hall’s team spends between 45 minutes to an hour in a school.

*Mickey Fox (standing, centre), an inductee of the Nova Scotia Sport Hall of Fame, speaks to children at Truro Junior High School as part of the Hall of Fame’s Education Program that visits schools throughout the province.*



*Hall of Fame Education Coordinator, Catherine Cox, shows ancient Starr skates to children at Wentworth Consolidated Elementary School during an education session.*

“The students are quite engaged with what we’re saying,” Catherine says. “If they start to talk amongst each other about the facts we’re presenting, that’s exciting for me because it shows they’re interested. And they quiet down pretty quickly as we move on.”

Shane stresses the importance of meeting students in smaller schools. “Regardless of numbers, every child deserves a chance to hear of Nova Scotia’s rich sport contribution,” he says, after visiting Wentworth Consolidated Elementary, a school with 27 students from Primary to Grade 6 where Catherine and Shane presented to 12 students in upper grades.

“We took some gear with us to that school (*on the way to the Sport Nova Scotia Milk Energy Sport Fair in Amherst where more than 3,200 youngsters visited the Hall’s booth*),” says Catherine. “They got a hands-on experience, which we can’t do when we’re in front of a couple of hundred kids.”

Shane adds, “For the Hall of Fame to go to a community, at no cost to the school, shows our interest in them and the importance of getting our word to students. We





also have a lesson plan for Grade 6 teachers in several disciplines – English, history and social studies, even math – on our website.”

In recent weeks, the education program expanded literally across the province. In late May, the program reached over 2,000 students in Cape Breton, visiting the hometowns of many Hall of Famers, including the Sydney area, Port Hawkesbury, Baddeck and Glace Bay. Players from the Cape Breton Screaming Eagles made guest appearances at certain schools. The trip illustrated the values that frame athletic accomplishments, contribute to personal success, and create dynamic community members.

“Cape Breton has such a rich sporting heritage. It’s been a pleasure to extend the education program through this area,” says Catherine.

A mobile display of equipment owned by Cape Breton inductees such as Bruce Beaton, Al MacInnis and Fabian Joseph gave students the opportunity to be photographed with the athlete’s paraphernalia, thereby instilling a sense of pride in the Hall of Famers’ accomplishments, as well as showing the personal possibility the youth have.

Kerri Manuel, Grade 3-4 teacher at Ashby Elementary School, said later, “I really liked how a female role model was facilitating a sports seminar, which typically would be given by a man. It served a dual purpose – an educational, motivating speech, which also served to debunk the stereotype that woman know very little about sports. I think all schools in Nova Scotia should be given the opportunity to participate in such a moving and enlightening presentation.”

Vice Principal Brian MacDonald added, “This was an excellent presentation, which really shows how sport

is related to the whole curriculum – literature, social studies, health, math and science. Sport also relates so well to character education. I think its role should be greatly expanded in the curriculum.”

During the summer, day camps and groups from the IWK Health Centre will visit the Hall. Hall staff and special guests will visit the Tim Horton’s Camp in Tatamagouche every 10 days to meet with new groups of 100-plus children from economically-challenged backgrounds.



*As part of the Hall of Fame Education Program, Bradley MacDonald, Dartmouth, a left winger with Halifax Mooseheads, spoke to children in the Recreation Therapy Program at the IWK Health Centre about setting and achieving goals.*

“Our mission is a good fit to give children inspiration to achieve high goals,” says Catherine.

Hall staff, plus Dartmouth’s Bradley MacDonald of the Halifax Mooseheads, visited the IWK’s Recreation Therapy Program.

Therapist Diana Bennett says IWK staff work on skill-building with children experiencing personality difficulties, such as ADD, anger issues or problems coping with today’s society.

“We focus on a sport for sessions of six-to-eight weeks to work on physical and knowledge skills, teach teamwork, strategy, etc. The Hall of Fame Education Program gives us the opportunity to motivate the youngsters (ages eight to 12) to show that these athletes and builders come from the same community they do, or might even have the same name.”

She says the children with whom she deals have high hopes, just like anyone, but they are impressed by the success of the inductees and with the representatives of the Hall.

“When they met the Moosehead player, they were very impressed, staying quiet and listening to everything he said,” she says.



*Milk Energy Sport Fair in Amherst attracted over 3,000 students from schools in the area.*

## *Nine New Inductees to Enter Hall*

Six athletes and three builders will enter the Nova Scotia Sport Hall of Fame when a gala induction ceremony is held Saturday, October 30<sup>th</sup> at the World Trade and Convention Centre in Halifax.

The athletes will bring to 169 the number joining the hallowed hall since the first induction night in 1980. The three new builder inductees will join 102 others honoured since 1980. The Hall also includes 51 teams and seven media members. In 1980, a total of 157 men and women were grandfathered into the Hall from the first Nova Scotia Sport Hall of Fame.

Sports that get less attention than mainstream activities, such as hockey, baseball and basketball, are highlighted in the 2010 class of inductees. There are two soccer players, a karate champion, an Olympic medal-winning rower, an Olympic track athlete and a multi-sport competitor in the athlete category.

Three female athletes are being inducted – multi-talented Janice Cossar; distance runner Robyn Meagher; and soccer player Cindy Tye.

Rower Mike Forgeron; karate champion Gary Sabean; and soccer standout Ross Webb, are also entering the Hall.

Former University of Cape Breton athletic director and chair of the 1989 Canada Winter Games, Bucky Buchanan; track coach Kevin Heisler; and football builder Rick Rivers, and are in the builder category.



*Mike Forgeron*

**Janice Cossar**, Dartmouth, was a standout in soccer, field hockey and ringette. She was CIS Soccer MVP, and an All-Canadian, in 1988 while helping Acadia win a silver medal. She was a member of the national team from 1987 to 1990. She was a member of the Nova Scotia Canada Games field hockey team in 1988, a two-time AUS All-Star and two-time national silver medalist. In ringette, she played at 16 nationals, won a national gold medal, and was a six-time all-Canadian. In ice hockey, Janice played at two nationals. She is a member of the Acadia University Sports Hall of Fame.

**Mike Forgeron** of Main-a-Dieu, Cape Breton, was a 1992 Olympic gold medalist in rowing. He won gold at the 1994 Commonwealth Games, silver at the World Student Games; and silver and bronze at Pan-American Games. Mike, the 1993 Nova Scotia Male Athlete of the Year, is a member of the Canadian Sport Hall of Fame.



*2010 Inductees were introduced at a June 15<sup>th</sup> media conference. Back Row: Janice Cossar, Rick Rivers and Kevin Heisler. Front Row: Cindy Tye and Carl "Bucky" Buchanan. Unable to attend were Mike Forgeron, Robyn Meagher, Gary Sabean and Ross Webb. (Photo: Nick Pierce)*

**Robyn Meagher** of Mulgrave is one of the most decorated track and field athletes in the history of the sport in Nova Scotia. For over two decades, she represented the province and country with distinction – twice as an Olympic athlete (1992 and 1996); as a 1990 Canadian Indoor Championships gold medalist; 1992 Olympic Trials gold medalist in 3,000m; and a gold medalist at the 1992 World Cross Country trials. Robyn also won silver medals at World Cup and Commonwealth Games competitions, and the national and Pan American Games junior championships in 1,500 metres. She was a three-time CIS All-Canadian at the University of Victoria.



**Carl “Bucky” Buchanan**, born in Albert Bridge, NS, was a builder in hockey, soccer and gymnastics; but also made a mark in university sport as athletic director and coach at University of Cape Breton; and as president and CEO of the 1987 Canada Winter Games, held in Cape Breton. He was inducted into the Cape Breton Sport Hall of Fame in Coach/Athlete and Builder categories and is a life member of Hockey Nova Scotia for his contribution to the development of hockey on Cape Breton Island.



**Gary Sabean** of Weymouth made his mark in karate as a nine-time national champion; grand champion at World’s in “Forms and Sparring” disciplines; and grand champion in sparring at the 2001 World Championships. He was named National Athlete

of the Year in 2000 and national coach of the year in 2007 & 2009. He retains the national team coach position.

Athlete inductee **Ross Webb** was born in Portsmouth, England, but made his mark from 1976-1992 as the most successful soccer player ever in Nova Scotia. In 1978, the Saint Mary’s University standout scored six goals in his first university game, among 37 in his freshman year, still a CIS record for one-season scoring. A year in which he was named CIS Rookie of the Year. He won five AUAA scoring titles in five years; was a four-time CIS All Canadian; and scored 72 goals in a five-year CIAU career. He also led the Nova Scotia Senior Soccer League in scoring 10 times.



**Kevin Heisler** of Halifax has been a track and field administrator for 31 years, making a mark as a meet director, and as a coach at the club, high school, university, provincial and national team levels. He has been national track and field team coach since 1992 and was a coach at the international level between 1992 and 2004. His athletes have competed nationally and internationally and won AUS and CIS honours.

**Rick Rivers** of Halifax coached at the community, high school and provincial team levels of football from 1972 to 2008; and served in an administrative capacity for Football Nova Scotia and Football Canada for over 20 years. He was named Volunteer of the Year and received several outstanding service awards from many football organizations.

**Cindy Tye**, born in Truro, is being inducted for her soccer prowess, but was a successful softball and basketball player at the provincial level, too. In soccer, she was with the Canadian Women’s National team in 2001 & 2002; won AUS and CIS women’s soccer championships with Acadia University in 1991; was a CIS All-Canadian athlete and academic All-Canadian twice; AUS MVP and five-time AUS all star. She was also Nova Scotia Soccer League MVP.

CBC-TV news anchor of Charlottetown, Bruce Rainnie, will again be master-of-ceremonies of the always-exciting evening.

**Tickets for the 2010 Induction ceremony will be available at the Nova Scotia Sport Hall of Fame (404-3321) in September. Cost is \$25 for adults and seniors and \$10 for students. Children under 12 will be admitted free.**



# *Golfers in Swing with Summer*

The sweet sound of club head meeting golf ball... the sight of the ball travelling in the intended direction... the joy of hearing a golf ball rattle at the bottom of the cup – all pure signs the golf season is fully underway.

Let's celebrate the accomplishments of some of Nova Scotia's greats' – men and women who have entered the Hall of Fame because of their prowess in the grand old game.

Between 1958 and 1969, Dartmouth's Peter Hope won five Nova Scotia Amateur, two Maritime Amateur, a Nova Scotia Open, a Maritime Open, was Nova Scotia golfer of the year several times, and served as an alternate on Canada's world amateur golf team in 1962 and Commonwealth golf team in 1966. Hope was inducted into the Hall of Fame in 1990.



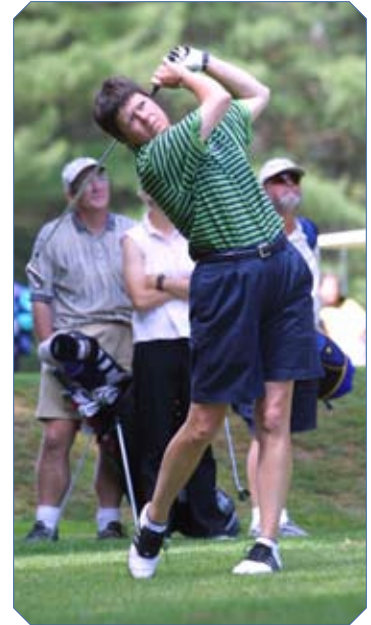
More than 80 years ago, Gerald Mielke of Halifax won six Maritime Amateur Golf Championships and two Nova Scotia titles. He also recommended the formation of the a Nova Scotia Golf Association and was named to the first executive committees in 1929 and 1930. Gerald was elected into the Sport Hall of Fame in 1984.

Lib Connor was named one of the top-five female golfers in Canada in 1948. She was a Nova Scotia Amateur champion and placed second five times. The Halifax woman won two Maritime titles, and was on nine Nova Scotia Amateur teams at nationals. She earned Hall status in 1993.

Lunenburg's Rita Lohnes dominated Nova Scotia women's golf for nine years, starting in 1951 when she won the Nova Scotia Junior and Amateur and Maritime Junior and Amateur championships at the age of sixteen. She won 17 provincial or maritime titles during her nine years of competition. In 1956,

Lohnes won the First Flight Consolation at the Canadian Open, and ranked number three as a junior in Canada. She entered the Hall of Fame in 1982.

Kathy Powers of Lunenburg won the Nova Scotia Ladies Amateur title 14 times and was runner-up eight times. She holds 10 Nova Scotia course records. She has been a member of Nova Scotia's Ladies amateur golf team 11 times, and in 2002 was named NSLGA Player of the Year. As a junior, she won the provincial title in 1973 and 1974 and was a member of the Nova Scotia Junior team from 1973 to 1975. Kathy was inducted in 2004.



Peter Doig, elected to the Hall in 1994, won the New Brunswick - Prince Edward Island Junior Golf Championship at age 16 and, in the next 13 years, added the Nova Scotia Junior, Open, and Amateur titles, plus most Maritime major tournaments. From Halifax, Peter played on six Willingdon Cup teams, was third in two Canadian juniors, won two Nova Scotia Senior titles and placed second at the Canadian Senior in 1988.

There are many other golfers inducted into the Hall – including provincial champions Graham MacIntyre, Gerry MacMillan and Gordie Smith – who also had a professional career in which he finished sixth in the 1988 Canadian Open. For more information on all the inducted golfers and golf builders, please visit [www.nsshf.com](http://www.nsshf.com) and search under golf.

# Snap Shots

- **Pat Connolly (inducted in 1999) was roasted** May 19<sup>th</sup> at a gala dinner of the Dartmouth-Cole Harbour Federal Liberal Association. Among the roasters were Gerald Regan, Rollie Thornhill, Bruce Rainnie, 2008 Hall inductee Arnie Patterson, and Pat's son, David. Members of the political and sports fraternity were prominent among the guests, including Hall of Fame inductees Skit Ferguson, Ken Reardon, Mickey Fox, Bill Robinson and Peter Halpin.
- **A thank you dinner for donors** to the Capital Campaign that established the physical structure of the Hall of Fame at Halifax Metro Centre was held in Halifax. Campaign co-chair Dr. Bill Stanish, an inductee in 1997 as a builder, spoke to the group of 25, expressing his gratitude for the enthusiasm shown by the community to help develop the new site, which has welcomed thousands of visitors since the doors opened in 2005.
- **The Gold Club's annual spring dinner** June 3<sup>rd</sup> at the World Trade and Convention Centre brought together more than 140 members and guests for entertainment and enlightenment.

Special guests, interviewed by emcee Bruce Rainnie of CBC Charlottetown, a long-time volunteer and friend of the Sport Hall of Fame, were Olympic gold medal-winning bobsledder Heather Moyse of Summerside, PEI, and Trevor Stienburg, coach of the CIS champion Saint Mary's University hockey Huskies.

Dr. Bill Stanish, world-renowned orthopaedic surgeon and a member of the Hall as a builder (1997), spoke with Bruce about ground-breaking research in cartilage replacement through regeneration.



*2010 Olympic gold medal bobsledder, Heather Moyse, Summerside, PEI, speaks to the Gold Club audience.*

Heather and Bruce carried on witty repartee about her Olympic performance, while video of her gold-medal race was shown.

Trevor explained how he returned to coaching after an 18-month battle with pancreatitis and the resulting infection that threatened his life.

Dunn, a radio host with Big Dog Radio in Truro, and another long-time friend of the hall, was guest auctioneer.

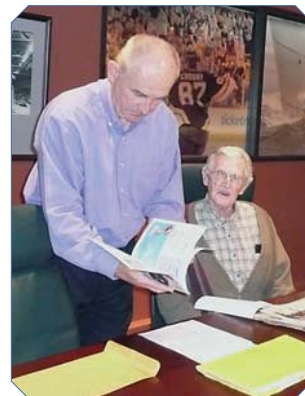
The Gold Club is a membership-based effort of the Hall of Fame through which corporate executives enjoy several activities during the year, including dinners, golf events, and other entertainment, while supporting the Hall's endeavours.



*Bruce Rainnie interviews Trevor Stienburg, coach of national CIS hockey champion Saint Mary's Huskies.*

- **Special visit from 90-year-old Hall of Famer**

On June 1, 2010, John MacGlashen, 90, elected to the Hall of Fame as a Builder in 1999, visited the Hall of Fame. Hall Executive Director Bill Robinson and John take a look at MacGlashen's great accomplishments. He was instrumental in the development of canoeing in Nova Scotia. The 1999 induction night was a family affair as John's wife, Edith, was inducted that same year as part of the Halifax Arcade Ladies Softball Team. (File photo)



*Photos courtesy of Nick Pearce.*





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For 23 years, the East Coast Classic has been supporting Sport Nova Scotia, the Nova Scotia Sport Hall of Fame as well as sport and recreation groups in the community of Digby through their annual charity golf tournament.

The ECC has raised almost \$1.4 million to support and recognize Nova Scotia's athletes and assist with programs that provide health, fitness and educational opportunities for children and youth throughout the province. The Nova Scotia Sport Hall of Fame, with their state-of-the-art facility and Sport Nova Scotia, with their membership of more than 60 provincial sport organizations, count on us to raise more than \$50,000 each year.

Held at the beautiful Pines Golf Resort and Spa in July, generous corporate citizens, business leaders, celebrities and volunteers come together for a three day golf experience. Proceeds go to programs like KidSport to help underprivileged children participate in sport and the Hall of Fame Sport Heroes initiative that inspires young students with stories of amazing athletic accomplishments.

Thanks to our generous sponsors and supporters, the ECC is making a difference to our youth so they can live healthier, learn valuable life lessons, strive for personal excellence and enjoy sport.

